



7th Annual Awareness Day
March 19th, 2008
Program of Workshops and Presentations

** denotes repeat presentations from past years
double session: two consecutive sessions (approx. 100 minutes)

- **3 girls i know...**This poignant documentary focuses on the lives of three different young women to examine teen sexuality, pregnancy, and HIV/AIDS. Ari, from San Francisco, California, Maggie from Bozeman, Montana, and Tishaun from Baltimore, Maryland, tell achingly familiar stories as they describe their experiences of growing up, fitting in, finding friends and lovers, figuring out who they are, and keeping true to themselves. Each generously shares her own choices and the consequences that shaped her life today as a young adult. Directed and produced by Paula Mozen. Released in 2004. Discussion before and after screening the film will invite you to share your thoughts on these important issues. *Presenter: Lisa MacLean RN, C, MEd, KRHS School Nurse. NOTE: This will be a double session. Session 1/ 2 - Room 36*
- **911 and Emergency Rescue Work:** Russ Keat is a NH citizen who responded to New York City on 9-11, and helped find and raise the flag. He has since worked to improve our nation's ability to respond to disasters. He has also worked in the realm of counter-terrorism, including being deployed to Afghanistan. His discussions typically include: using our lives to make change and be a force for good in the world; living and working in an imperfect world; working against fear, hate, and anger; applying youthful idealism and one's principles and talents towards making the world a better place; risk taking; innovation and collaboration; leadership. *Presenter: Russell Keat, rescue worker, Grantham. Sessions 1, 2, 3, 4 - Room 4*
- **A Day in the Life of a Congressional Aide (& How You Can Be One Too!):** In an interactive format, these aides to Senator John Sununu will give an overview of how a typical congressional office operates both in Washington, DC and in the home state. In addition, they will engage students interested in a career in politics/government service as to the various paths and opportunities available to them. *Presenters: Melissa Ogle and Christiana Thornton, Office of United States Senator John E. Sununu. Session 2 - Large Resource Room*
- **A Mysterious and Amazing Language-Chinese:** A brief introduction to Pinyin, characters, and calligraphy. *Presenter: Helen Yu, KRHS. Session 2 - Room 15B*
- ****Acting Up: An Introduction to Improvisational Theatre:** In this fast paced workshop, students will learn the art of improvisation through various acting games and exercises. Throughout the workshop students will learn the importance of "thinking on your feet" and how to pull a scene and character from thin air. *Presenter: Fran Page, The Portland Players. Sessions 1, 2, 3, 4 - Room 37*

OVER

- **Adaptive Sports Exploration:** Adaptive sports programs are geared toward individuals with any ability. Come and learn about all the programs and sports available to you, mentoring and community service opportunities and get a hands-on demonstration of some of our cool adaptive equipment. Volunteering for one of the many programs is a great way to give back to your community, have a great time doing it and a terrific opportunity to make lots of new friends. *Presenter: Sue Tatem, AbilityPLUS, Inc. at Mount Snow. Sessions 1, 2, 3, 4 - Room 25*
- **All Politics Are Local:** The young people of America are turning out in record numbers to vote in the presidential primaries and caucuses. This is exciting and important to the process of electing a new president. But what about local and state elections? You can have a real impact on what goes on in your local and state communities by getting involved in those elections, too! Join this discussion with some locally elected officials about why/how your interest and your vote really count in your community. You can, and do, make a difference! *Presenter: Van McLeod, NH Department of Cultural Resources. Session 1 - Room 32*
- ****Americorps National Civilian Community Corps:** Come and learn about opportunities to serve in Americorps: National Civilian Community Corps as well as other Americorps Programs. The presentation will include an explanation of what a year serving in Americorps entails and how one can apply to be part of Americorps. Students will hear directly from people who have participated in Americorps and have their questions answered about what a year of service means both to the individual Corps members and the communities in which they serve. *Presenter: Christopher Geraghty, Americorps NCCC. Session 4 - Room 3*
- ****Antisemitism:** Using the ADL survey results, this is a study of the reemergence of modern antisemitism after the Holocaust. Antisemitism and its current expression will be explored in the United States, Europe, and the Arab World. Confronting Jewish stereotypes and learning how to resist the virus of antisemitism will be explored. *Presenter: Thomas M. White, Cohen Center for Holocaust Studies. NOTE: This will be a double session. Session 1/2 - Room 12*
- **Architecture:** Have you ever thought about being an architect? Come hear all about being an architect in a rural state. *Presenter: Chris Lizotte, Sherr McCrystal Palson Architecture. Sessions 1, 2 - Room 7*
- ****Being in the Sound:** “Being in the Sound” will invite participants to feel organic involvement in hands-on resonance. In this world, we are constantly bombarded with sound from the outside and we listen, often unwillingly. So let’s play, create, and join together in intentional sounding for healing and just plain “fun.” *Presenter: Kathy Lowe, musician. Session 4 - Room 1*
- **Bird Dogs - Hunting with Griffons:** Learn about hunting upland birds and waterfowl with dogs. Information on dog training and the breeding of Wirehaired Pointing Griffons will be presented. *Presenter: Erik Anderson, KRHS. NOTE: This will be a double session. Sessions 1/2, 3/4 - Room 24*
- ****Body Wars: Making Peace with Your Body:** An interactive discussion/presentation on preventing and managing eating disorders will be provided. How do you know what the “right” weight is for you? What is “normal” eating? Answers to the puzzles of carbohydrate-fat-protein: what food to eat? Practical help to feel comfortable with healthy eating for YOUR body. *Presenter: Hope Damon RD, CDE, LD, The Nutrition Counseling Center. Session 1 - Room 15A*
- ****Buddhism:** The major teachings, history, divisions in Buddhism; Theravada Mahayana Zen Tibetan; how it grew into a major world religion; its impact on Asian culture. Students are asked to come with an open mind and lots of questions. *Presenter: Greg Bruss, KRHS. Session 1 - Room 2*

- **Canine Behaviorist: Dog Trainee:** Discussion will be about how one can pursue a career as a dog training /behaviorist and what schooling and certification process they will need to achieve this goal. I will also talk about positive reinforcement vs. punishment based training methods and will bring one of my dogs. *Presenter: Diana Ganley CPDT, CABP, Dog Training Services. Sessions 1, 2 - Cafeteria*
- **Darfur: The First Genocide of the 21st Century (And What We Can Do to Stop It):** Since 2003, the Government of Sudan has carried out a campaign of violence against its own people in Darfur, the westernmost region of Sudan. Between 200,000 and 400,000 Darfurians have been murdered by their own government. Millions have been displaced by violence, either inside Darfur or in neighboring Chad. Victoria Smith travelled to eastern Chad to work with Darfurian refugees in 2007 and will present on the current situation of Darfur refugees, the background of the conflict, and the growing international movement to end the genocide. *Presenter: Victoria Smith, Global Grassroots. Sessions 1, 2, 3, 4 - Room 33*
- ****Folk Song: Another Take (With Some Blues, Too):** It's another round of traditional folk music, enhanced this year by the addition of several talented KRHS students and some blues music along with some fiddle music, too. Come listen, have some fun, and perhaps discover some new music! *Presenters: Peter Hattan, Luke Dobrowski, Jake Davis, Jake Stevens, and Tristan Buckley, musicians, KRHS. Sessions 1, 2, 3, 4 - Music Room*
- **Funerals and Memorial Services: A Life Remembered:** A funeral or memorial service is a time to remember a life lived. We will discuss information for an obituary, look at different options for full burial and cremation, and talk about information necessary for a death certificate. Preplanning will be explored and questions will be answered. *Presenters: Charlie and Marion Hafner, Chadwick Funeral Service. Session 1 - Room 9*
- **Girls Get the Message:** Girls Incorporated has a unique program to help girls develop the skills to wade through the media messages that bombard them. Girls Get the Message[®] is a national program that encourages girls and other media consumers to evaluate the messages in media such as television shows, films, CDs, newspapers, websites, music videos, magazines, and video games. The program helps girls recognize stereotypes in media and differentiate between those stereotypes and their own lives. Girls learn to "read" media messages with a critical eye as they consider issues of ownership, media business and the roles of women and minorities "behind the scenes" in media careers. *Presenter: Shannon Feeley, Girls Incorporated of New Hampshire. Session 3 - Room 9*
- **Giving to Your Community:** Understand what "giving to your community" means to us as a group. Discover time you didn't think you had. Explore and discuss some of the many ways you *can* give to your community. Recognize the power and magic of giving. *Presenter: Karin King, Consultant for CIGNA Behavioral Health. Session 2 - Room 6*
- **Going There: Auschwitz and Berlin:** How I've come to feel about the Holocaust. Journey with me through the horrors of a visit to Auschwitz Extermination Camp (Poland) in 1995 and a visit to the Memorial to the Murdered Jews of Europe (Berlin, Germany) in April of 2006. If you had the chance would you go there? *Presenter: Charen Urban, Newport Middle High School. Sessions 1, 2, 3, 4 - Room 40*
- **Grief and Loss: Losing Someone Close:** This workshop will provide discussion around what it can be like to experience the death of someone close. Common feelings, physical signs of grief, common misconceptions, and some of the coping strategies one can use to work through a time of mourning. *Presenter: Alice Roberts M Div, Hospice Spiritual Caregiver. Session 4 - Room 15B*
- **Habitat for Humanity of the Kearsarge/Sunapee Area:** What Habitat for Humanity is and how it works for families in the Kearsarge/Sunapee Area. A general description of how to be involved and nuts and bolts of process. *Presenter: Marybeth Angeli, Habitat for Humanity. Sessions 3, 4 - Room 36*

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- ****How Search & Rescue Dogs Work in NH & VT:** How dogs are used to find lost people in NH and VT. Nancy will use a power point show with many pictures of search dogs working and then demonstrate indoors and outside with her two search dogs how they find “lost” people. *Presenter: Nancy Lyon, New England K-9 Search & Rescue. Session 1 - Room 17*
- **How to Buy A Car, House or Get A Loan:** Come and find out how to get a car loan, a mortgage, or personal loan. Find out how to get a low interest rate and build your credit. *Presenter: Leslee Swett, Mascoma Savings Bank. Sessions 3, 4 - Room 26*
- **In Love or in Danger?:** This workshop uses interactive ways to recognize signs of healthy and unhealthy relationships. Issues such as how to talk to a friend who might be in an unhealthy relationship and how to help someone end an unhealthy relationship will be discussed. *Presenters: Beth Willhouse and Megan Mclean, The Rape and Domestic Violence Crisis Center. NOTE: This will be a double session. Session 1/2 - Room 34*
- **Introduction to Hospice:** This presentation will provide information on end-of-life care including the support and clinical expertise provided to people and their families that allows them to live life to its fullest for whatever time they have. *Presenter: Betsy Wotton RN BS CHPN, Lake Sunapee Visiting Nurse Association. Session 1 - Room 28*
- ****Issues in International Adoption:** This will be a presentation of two adoption experiences: one in China and one in Haiti. There will be a power point presentation of our travel experiences and a discussion of issues related to international adoption. If you have friends who are adopted internationally or are considering adoption one day yourself, please join us! *Presenters: Ed Rehor and Sarah O’Connor, adoptive parents. Session 4 - Room 32*
- **Is There an Elephant in Your House?:** Find out about Al-Anon and Alateen, providing support to families and friends of alcoholics. What can they offer you, your family, or your friends? Hope and help are available. Your ideas and suggestions are needed. Let’s help each other. *Presenters: Judi O and Angie W, Al-Anon/Alateen. Sessions 3, 4 - Room 15A*
- ****Islam:** As the world’s newest and fastest growing religion, Islam is little understood here in the US. We will examine its history and development, major teachings, and divisions that define the challenges of understanding modern day Islam. *Presenter: Greg Bruss, KRHS. Session 2 - Room 2*
- ****Kung Fu Lifestyle: Embracing Time Honored Values:** The Kung Fu Club will present a demonstration of martial arts forms. Students will have an opportunity to participate in this demonstration. A description of time-honored values and the lifestyle embraced by martial artists will also be offered. *Presenters: KRHS Kung Fu Club. Sessions 1, 2 - Room 39*
- **Making Jewelry as a Home Business:** Balancing your art and your business. Things you need to know before you make your art your work. View my entire line of Between Sun & Moon jewelry and ask me your design and assembly questions. Learn some easy tips and tricks to making jewelry with beads and wire. *Presenter: Katy Bransfield, Between Sun & Moon. Sessions 1, 2, 3, 4 - Resource Center*
- **Mom Has a Facebook Page: A Conversation with the Daughter of Fmr. Governor and Senate Candidate Jeanne Shaheen:** Join Stacey Shaheen Bellabona, the daughter of former Governor and US Senate candidate Jeanne Shaheen, for a discussion about the 2008 senate race and reflections on being the daughter of one of New Hampshire’s most prominent public figures. *Presenter: Stacey Shaheen Bellabona, Jeanne Shaheen for Senate. Sessions 2, 3- Room 8*
- **Mountain Climbing in NH:** I will be discussing the relationship between being a climber in the White Mountains of NH and how it relates to being on the mountain rescue service. This is a volunteer organization that performs technical rescues in the White Mountains. *Presenter: Rick Wilcox, IME, North Conway. Sessions 1, 2, 3, 4 - Room 14*
- **New Hampshire Libertarian Party:** You are invited to hear the real voice for change in the way our state and country are managed. If you are open to new ideas for our future, please come and talk with us. *Presenter: Brendan Kelly, Chair, Libertarian Party of NH. Session 4 - Room 28*

- ****Old Time NH Barn Dancing:** Traditional NH barn dances like the Virginia Reel, Paul Jones, and Portland Fancy will be taught. No experience necessary. Gender free partners. Students might learn to call the dances. Musicians are welcome to sit in on guitar, etc. *Presenters: Dudley and Jacqueline Laufman, Two Fiddles. Sessions 1, 2, 3 - Gymnasium*
- **Poetry with the Laufmans:** Dudley Laufman, poet and musician, will read some of his own work from a book in print and from works in progress. Jacqueline Laufman will back him up with fiddle on some poems. Discussion will include topics such as getting published and self-publishing. There will be time for a question and answer period. *Presenters: Dudley and Jacqueline Laufman, Poet and Musician. Session 4 - Room 17*
- **Presidential Selection Process Beginning to End:** We will examine the often mysterious and sometimes chaotic process of how this country selects the people who will run to be president. We will discuss how the process has changed, along with what the problems and issues are that make it so complicated. *Presenter: Greg Bruss, KRHS. NOTE: This will be a double session. Session 3/4 - Room 2*
- **Rachel's Challenge: How Does it Apply to Kearsarge Regional High School?:** This informal discussion with the speaker from the morning assembly, Rachel's Challenge, will focus on questions about the presentation and how it applies to the KRHS community. Rachel Scott believed we should treat each other with kindness and compassion. What are the issues of respect and acceptance students face here on a day-to-day basis? How do students deal with these challenges? Where do you fit in? What should be done? What CAN be done? *Presenter: Nicole Nowlen, Rachel's Challenge Session 3 - Auditorium*
- **Rachel's Challenge: Peer Training Workshop:** Rachel's Challenge focuses on helping students recognize their purposes in life. They will be issued five powerful challenges that are based on the writings and life of Rachel Joy Scott, the first victim of the Columbine School shootings in 1999. This workshop is designed for students who want to become involved in continuing Rachel's Challenge at KRHS. You will meet with the speaker from the morning assembly and receive some guidance to help you get started with perpetuating Rachel's Challenge in the Kearsarge community. ***Participation in this workshop requires a commitment to working with a Rachel's Challenge peer group which will develop more programming for KRHS in the spirit of Rachel Scott: treating others with kindness and compassion. Your high school will never be the same after experiencing Rachel's Challenge. Be a part of the challenge! *Presenter: Nicole, Nowlen, Rachel's Challenge. Session 2 - Auditorium*
- **Romanian Education Project:** For the past four years we have been working with Romanian teachers to help them become better at working with their students in terms of group work and building positive relationships. We teach two classes for teachers and have begun a nation-wide cooperative education association. We are also sponsoring students in the villages to be able to get to the cities so they can go to school. Some students need transportation money and others also need rent money so they can stay in the city during the week and go home on weekends. These students live in impoverished situations and their parents desperately want them to graduate from high school. *Presenter: Carlton Fitzgerald, CASA. Session 1 - Room 31*
- **School Safety:** Students will learn about emergency management procedures used in school. Additionally, students will learn skills to keep themselves safe both in and out of school. The skills learned will be easily transferable from school settings to the college campus, the work place, and other public settings. *Presenter: Jay Lewis, Principal, Kearsarge Regional High School. Session 4 - Office Conference Room*
- **Sports Injuries:** Learn about sports injuries and injury prevention. *Presenter: Tasha Gilman, New London Hospital. Sessions 1, 2, 3, 4 - Room 38*

OVER

- ****Stepping Out, Stepping Up:** See what happens when a gay teen from a small town finds himself at the center of a lawsuit with the whole world watching. Meet Anthony Romeo, the boy who sued his school, took on the Catholic Church, and lived to tell. You have to hear this story to believe it. This interactive workshop is followed by an uncensored question and answer session. *Presenter: Anthony Romeo, LGBT activist. Sessions 1, 2, 3 - Room 35*
- **Stress and Our Perceptions:** This workshop will examine the following issues connected to how we handle stress in our lives and the factors that affect how we see that stress. Topics will include: identifying the way stress “colors” how we think and feel; stress, perception and our decision-making; rediscovering our choices in dealing with stress; the effects of stress on our perceptions; and talking back to your automatic thoughts. *Presenter: Karin King, Consultant for CIGNA Behavioral Health. Sessions 3, 4 - Room 6*
- ****Substance Use and Abuse: The Real Deal:** Phoenix Academy Dublin is a residential facility for adolescents who are seeking treatment for substance abuse problems. It is a therapeutic community, a treatment modality in which residents learn to take responsibility for their own choices, and to hold themselves accountable for their actions. The education coordinator will offer a brief, straightforward presentation about substance use and abuse, and about their program. Two or more current teenage residents will relate their personal experiences, and then answer questions from the audience. *Presenters: Ckris Wallenstein and 3 students/residents, Phoenix Academy Dublin. Sessions 2, 3 - Room 31*
- **The Film Industry in New England and Los Angeles: *Special Note:*** Please note the following changes to this workshop - Mark and Bethany Constance are unable to present this workshop as originally scheduled. Instead, several other filmmakers have agreed to fill in. Now scheduled to present this workshop are: from the film, *The Sensation of Sight*, Buzz McLaughlin (Executive Producer), Aaron Weiderspahn (Director), and Nick Koloski (Location Manger), and from the NH Film and Television Office, Van McLeod. They will show a short film on the making of the feature film, *The Sensation of Sight*, and discuss filmmaking in New England and the film industry today. **NOTE: This will be a double session. Session 2/3 - Room 32**
- **The Wide Wild World of Animals: Why They Need Your Help:** Interested in working with animals? Learn about a day in the life of a Wildlife Biologist and what it takes to become one. Find out how to get involved in animal rescue work first hand from someone that has worked in the field saving animals during Hurricane Katrina. Discover how the ancient and powerful healing art of Reiki can help heal our 4-legged companions. Explore these topics and many other ways you can get involved helping animals. *Presenter: Toni McLellan, wildlife biologist. Sessions 2, 3 - Room 16*
- **Through the Eyes of an Alzheimer's Patient:** This presentation will provide a brief introduction to Alzheimer's Disease and other dementias. Learn what it's like to face the challenges of these diseases through a hands-on exercise that puts students in the shoes of a dementia patient. Hear about reasons why places like Pine Rock Manor exist and are needed, along with becoming familiar with some specialized care that can be provided ie. activities, behavioral programs, etc. *Presenter: Allen Beattie, RN/Regional DNS, Pine Rock Manor. Sessions 1, 2 - Room 3*
- **Truth about the “Big Bad Wolf”:** History has given wolves a bad name. Come and find out the truth: facts on wolves and wolf dogs-history legend and love. Years of experience working and owning wolf dogs. Information will be given on why these magnificent animals should not be kept as pets. *Presenters: Peggy Jones and Jen Bergeron, KRHS. Sessions 1, 2, 3 - Room 27*
- **Turtles & Wetlands: View of an Artist, Naturalist - Writer:** A slide presentation focusing on NH turtles, especially spotted, wood, and Blanding's turtles (species of special concern) with a discussion of their ecology with an emphasis on habitual requirements, and the need for habitual preservation. This will be followed by a display and discussion of my field notebook, sketchbooks, and published works. There will be time for dialog with questions and answers from students. *Presenter: David M. Carroll, artist, writer, naturalist. NOTE: This will be a double session. Session 1/2 - Room 10*

- **The United States and the Holocaust: Context and Memory:** A contextual examination of what the US knew about the Holocaust and how it reacted. US policy is presented in context of the years of peace (1933-1939) and the years of war (1939-1945). Topics covered include: the Eugenics movement; 1936 Olympics; Evian conference; Immigration policy; Voyage of the St. Louis; the Holocaust; When was information received?; Henry Morgenthau Jr. vs. the State Department; and why the Allies did not bomb Auschwitz. *Presenter: Thomas M. White, Cohen Center for Holocaust Studies.* **NOTE: This will be a double session. Session 3/4 - Room 12**
- ****Underage Driving and Drinking:** The “Underage Drinking and Driving Laws” class is designed to inform youth about the dangers and consequences of underage drinking and drinking and driving. The course provides a brief overview of New Hampshire’s laws pertaining to underage drinking and driving while intoxicated. *Presenter: Investigator Ed Alterisio NH State Liquor Commission - Bureau of Enforcement.* **Session 4 - Room 19**
- ****Understanding Disabilities:** You will have the opportunity to talk with Cheryl Killam, who uses a wheelchair, about what it means to live with a disability. There will be simulation stations for you to try out that mock different disabilities, followed by a discussion about the attitudes towards people with disabilities, the ever-changing “politically correct” words to use, and basic Disability “Etiquette”. *Presenter: Cheryl L. Killam, Accessibility Specialist, NH Governor’s Commission on Disability.* **Sessions 1, 2 - Room 19**
- **Web 2.0 and the New Media:** The emerging New Media of the online world is redefining what it means to know and produce information on all kinds of topics. Whether it’s blogging, Wikipedia, or other open source projects, the Internet is challenging long-held perceptions of what constitutes journalism and information sharing. This workshop will introduce the concept of blogging and other new online genres and how they can be useful to students and learning. *Presenter: Dean Barker, KRHS.* **Sessions 1, 2 - Room 41**
- ****Weight Loss Diets: Just the Facts Please:** Being overweight is an increasingly common teen problem. Low carbs vs. high carbs, how much protein, what about fast food healthy choices - get the real answers for success at weight control while respecting your body and feeling good about your choices. *Presenter: Hope Damon RD, CDE, LD, The Nutrition Counseling Center.* **Session 2 - Room 15A**
- **What is Date Rape?:** When people think of rape, they often think of a scary stranger attacking someone. However, most people who are raped know their attacker. This workshop uses interactive methods to talk about date rape and ways to avoid it. *Presenters: Beth Willhouse and Megan Mclean, The Rape and Domestic Violence Crisis Center.* **Session 3 - Room 34**
- ****What is Fair Trade and how can you, as a global citizen become involved in this movement? :** What is Fair Trade? Is it truly “fair ” and how? This workshop examines the principles that Fair Trade is based on, how it is regulated and how you can tell if a product is truly “Fair Trade “. Fair trade is both a local and global issue for students to understand and hopefully become involved in. Examples of certified fair trade crafts, and foods will be on display. We will watch a short DVD on fair trade produced by Oxfam. There will be time for questions and answers. Practical ways that students can become involved in the fair trade movement by arranging fair trade events, sales and campaigns will be discussed. Fair Trade provides an alternate approach to conventional world trade and tackles long-term economic problems in developing nations through sustainable development for disadvantaged producers. The FAIRTRADE mark guarantees a price that covers the cost of production, a social premium for producer groups to invest in business or community development, longer term trading relationships and advance payments for goods. *Presenter: Megan Hunt, owner of NH’s first 100% Fair Trade retail store.* **NOTE: This will be a double session. Sessions 1/2, 3/4 - Room 29**

OVER

- ****What Is Media Literacy?:** Living in a media-saturated environment can be harmful to us as individuals and the society as a whole. We'll discuss why it's so important to be able to understand the words, images and messages we are bombarded with on a daily basis from television and movie screens, newspapers and magazines and on the Internet. We'll learn why it's important to filter out what we don't need or want and how to access and then interpret, analyze and evaluate what's useful. *Presenter: Jeff Feingold, New Hampshire Business Review. Session 1 - Room 1*
- **What is Sexual Harassment?:** This workshop defines sexual harassment. An interactive discussion exploring ways teens can be sexually harassed and how to handle the harassment will be reviewed. *Presenters: Beth Willhouse and Megan Mclean, The Rape and Domestic Violence Crisis Center. Session 4 - Room 34*
- **Who's Your Bully?:** Participants will have the opportunity to identify and explore what bullying is and is not. This is a "hands-on" session with engaging activity and meaningful information. *Presenter: Percy Hill, Assistant Principal, KRMS. Session 2 - Room 1*
- ****Wildlife Encounters Ahead:** Be sure not to miss the return of The Wildlife Encounters Zoo for Awareness Day 2008! Professional zookeepers and educators will be on-hand delivering educational presentations and introducing you to "the faces of nature"! We will be discussing issues facing these animals and all of us on Earth, and things we can do to help conserve and protect all of the precious and beautiful life on our planet! Though we are not revealing the exact list of animals that will be attending our presentations... we can tell you that there is likely to be a little "monkey-business" going on! The Wildlife Encounters Zoo is Northern New England's Traveling Zoo. We deliver year-round educational programming, wildlife exhibits and other related services across Maine, NH and Vermont... and are a subcontractor to Animal Planet & Discovery Communications for the Northeastern US. Our animals have been on "The Martha Stewart Show", "Late Night with Conan O'Brien featuring Jeff Corwin", and a multitude of TV and radio programming in Northern New England! *Presenter: Derek Small, Wildlife Encounters: Northern New England's Traveling Zoo. Sessions 1, 2, 3, 4 - Room 5*
- **WWII...The Memories:** The goal of this gathering is to have a veteran from each of the seven district towns represented to allow each to explain where they served, memorable incidents, a geographical review of those locations, and display any memorabilia they care to share. *Presenters: Robert MacMichael, "Dick" Violette, and Leslie Shaw, WWII veterans. Sessions 2, 3 - Room 11*
- ****Yoga for Health:** This experiential session will introduce you to Yoga. Come feel how Yoga can help you stretch, strengthen and relax. Find out how Yoga can reduce stress, increase energy and stamina, create a calm mind and improve general health. No experience - Yoga is for all ages and levels of fitness. Dress in comfortable clothes. Come ready to get on the mat and try yoga! *Presenter: Faith Minton M.Ed., RYT 500. Sessions 1, 2, 3, 4 - Activity Room*

This listing is subject to change due to any cancellations by presenters.